

How to Sit at a Desk for Long Periods of Time

Nels Beckman
Wean Hall 8102
Carnegie Mellon University
Pittsburgh,PA USA
nbeckman@scs.cmu.edu

August 31, 2005

Abstract

There are times in any man's life where he will be forced to sit at a desk for more than a few hours at a time. In this paper, the author proposes some novel ways to spend your time and look appropriately busy.

1 Getting Comfortable in Your Environment

In this section we describe the environment[1] into which you are thrust.

1.1 The Chair is Your Friend

First piece of advice: Get used to it...

References

- [1] Beckman, Nels, *Tailorability of Distributed, Adaptable Agents Thanks to DeZi*. WADS 2005, 2005.